

San Diego Gastroenterology Medical Associates

4060 Fourth Avenue, Suite 240

San Diego, California 92103

Telephone: (619) 291-6064

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INFRARED COAGULATION OF HEMORRHOIDS

Your Procedure has been scheduled for: _____ With Dr. _____

Check in time: _____ Procedure time: _____

San Diego Gastroenterology Medical Assoc. Office 4060 Fourth Avenue, Ste. 240 (619) 291-6064

Please follow these instructions:

1. Purchase **2 boxes** of *Fleets* "Ready to Use" saline enemas from any drug store. They come in a green and white box.

The day of your procedure instructions:

1. You may eat and drink normally the day of your procedure
2. You will take **one** *Fleets* enema **2 hours** before your appointment _____
3. You will take **one** *Fleets* enema **1 hour** before your appointment _____

Important Reminders:

- **Notify the office immediately if there are any changes to your insurance.** As a courtesy we will make every attempt to obtain the authorization for these procedures, to ensure this takes place we need to have the correct information on file.
- If you need to cancel or reschedule your procedure, we ask that you contact the office at (619)291-6064 **You must cancel 7 working days in advance to avoid a cancellation fee.**