

San Diego Gastroenterology Medical Associates

A Medical Corporation

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Upper Endoscopy & ERCP Instructions

Your procedure has been scheduled for _____

Check in time: _____ Procedure time: _____

Please register at:

● Scripps Mercy Hospital 4077 5th Avenue

Check in at Outpatient Radiology on the FIRST (Main) floor - (619) 260-7026

● San Diego Endoscopy Center 4033 Third Avenue Ste. 106 - (6 19) 497-2888

Please Follow These Instructions:

1. STOP taking all aspirin-containing products (**Anacin?** **Excedrin**, etc.) seven days before your procedure. All other pain and arthritis medications (**Advil**, **Motrin**, **Aleve**, etc.) must be stopped 48 hours before the procedure. Tylenol is an acceptable replacement for these pain and arthritis medications. If you are required to take an aspirin daily by your physician (i.e. for heart disease, stroke prevention), this may be continued.
2. If you take **Coumadin** or **Plavix**, please contact the doctor immediately for instructions. You may need to hold these medications for 5-7 days before your procedure.
3. After 12:00 midnight prior to your procedure do not eat anything. Drink only water. Stop drinking water three hours before your procedure.
4. Please allow 2 1/2 hours for the procedure and arrange a ride home from the procedure. You will receive intravenous sedation and will not be able to drive for 18 hours following this procedure. PLEASE leave your valuables (except your insurance card) at home or with the person who accompanies you. You will need your insurance card.
5. Bring a list of all your prescription and over-the-counter medications.
6. If you take insulin please take V-s. of your usual dose the day before the procedure and do not take insulin until the procedure is over. If you take diabetes pills, please don't take any the day before the procedure.

NOTE: You must cancel 2 working days in advance to avoid any charges.